

TOWN OF BEDFORD RECREATION DEPARTMENT



YOUTH SPORTS SKILL-BASED PROGRAMS

Skyhawks Sports Academy provides sports programs where children discover and develop athletic skills and social values, such as teamwork, respect and sportsmanship. We offer children a positive sports experience while promoting a healthy, active lifestyle.

FALL 2021

CHEERLEADING

Skyhawks Cheerleading teaches young athletes the essential skills to lead crowds and support the home team! Each cheerleader learns proper hand & body movements and jumping techniques. The week concludes with a choreographed performance.

(course)	(dates)	(days)	(time)	(grades)	(fee)	(location)
SSA130632	9/13 - 10/25	Mon	3:45 p.m. - 4:30 p.m.	K-2	\$139	Bedford Hills Memorial Park - Rosafort Field
SSA130633	9/13 - 10/25	Mon	4:45 p.m. - 5:45 p.m.	3-5	\$139	Bedford Hills Memorial Park - Rosafort Field

FLAG FOOTBALL FUELED BY USA FOOTBALL

Skyhawks Flag Football Fueled by USA Football is an exciting introduction to America's favorite game! Using skills and drills from the Football Development Model, developed by the experts at the sport's national governing body – USA Football – coaches will teach the key concepts of passing, receiving, running, kicking, punting and flag pulling, all presented in a positive environment with a focus on critical life lessons such as teamwork and sportsmanship.

(course)	(dates)	(days)	(time)	(grades)	(fee)	(location)
SSA130634	9/14 - 10/19	Tues	3:45 p.m. - 4:30 p.m.	K-2	\$149	Bedford Hills Memorial Park - Rosafort Field
SSA130635	9/14 - 10/19	Tues	4:45 p.m. - 5:45 p.m.	3-5	\$149	Bedford Hills Memorial Park - Rosafort Field



SPACE IS LIMITED!

REGISTER TODAY >>>

Online:
skyhawks.com/westchester

Phone:
718.637.9485